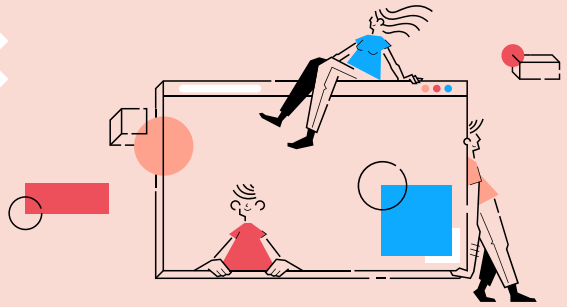


● Mentoring Report



Mentor - Mr. Vishram Bapat

Mentees -

Mehwish Qureshi

Sadaf khan

Disclaimer:

This report is prepared by the mentees according to their view on this program and their experiences till now.

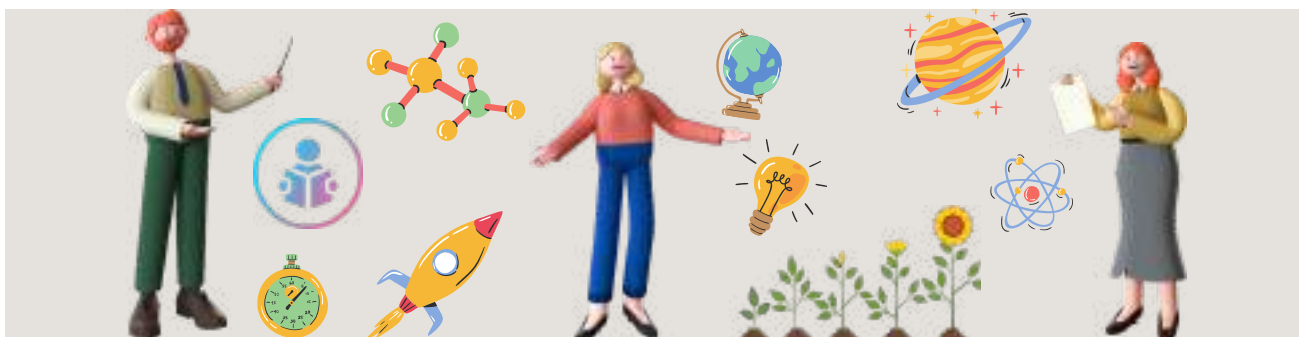
Content:

This report provides a summary of the activities related to the preparation and implementation of the mentoring program and summarizes the experiences of the program by the participants and the mentor.

Objectives:

Conclusions from this report may be used for recommendations concerning the planning and establishment of tentative future mentoring programs in institutions.

Our experience of approaching our mentor:



Our college plans various events and workshops very often. In a similar workshop, Mr. Vishram Bapat sir was a chief guest. While he was addressing the audiences, his personality, his journey with SNTD University and his approach towards life made us want to learn from him.

He informed us that he is mentoring a few girls from our college and also open to mentor more girls who are willing to be mentored. Whoever wants to connect with him can message him or reach out to the faculty.

As we were amazed by his kind and down to earth personality, we connected with him through social media and requested his guidance. He was very welcoming and supportive in the process to explain to us about the mentorship process and rules and regulations of the program. We requested our principal Dr. Shikha Nema, and with her permission we proceeded further. We were very amazed when we learnt about it and immediately enrolled for it.

It won't be incorrect to say that connecting to our mentor was a very smooth process without any obstacle.

ICE BREAKING SESSION:



Once we were enrolled, we had a meeting to discuss how to carry out the program in a very formally informal way. It was the - **'ICE BREAKING SESSION'**. It was carried out to achieve a comfort level between us.

In that meeting we discussed the co-ordinating schedule and pattern. As per mutual convenience we decide to have one offline and one online meet every

week. Apart from it we decided to be available for each other everyday through social media.

'Get to know each other' sessions:



As the meetings started to take place regularly we got to know about each other's interest and passion. After getting comfortable with each other we started to set goals based on strengths and passion and also organize activities which come with perks!

Regular sessions:

Regular sessions are based on personal interest and current affairs as well as any topic you want to explore more about. Example cosmology, quantum mechanics, medical research, environment related discussion, RTI, Women empowerment, Army etiquette, etc. These sessions are highly valuable resources to enhance logical and moral approach towards life.



Motivation speaks:



We stay connected to each other through social media group, in which our mentor shares great motivational videos related to great personalities who are inspiring which motivates us to become like them or contribute in their initiative. Inspirational videos of Nouf Al-Marwai, Ruma Devi, Sana Ali, etc.

Fun activity with real appreciation:

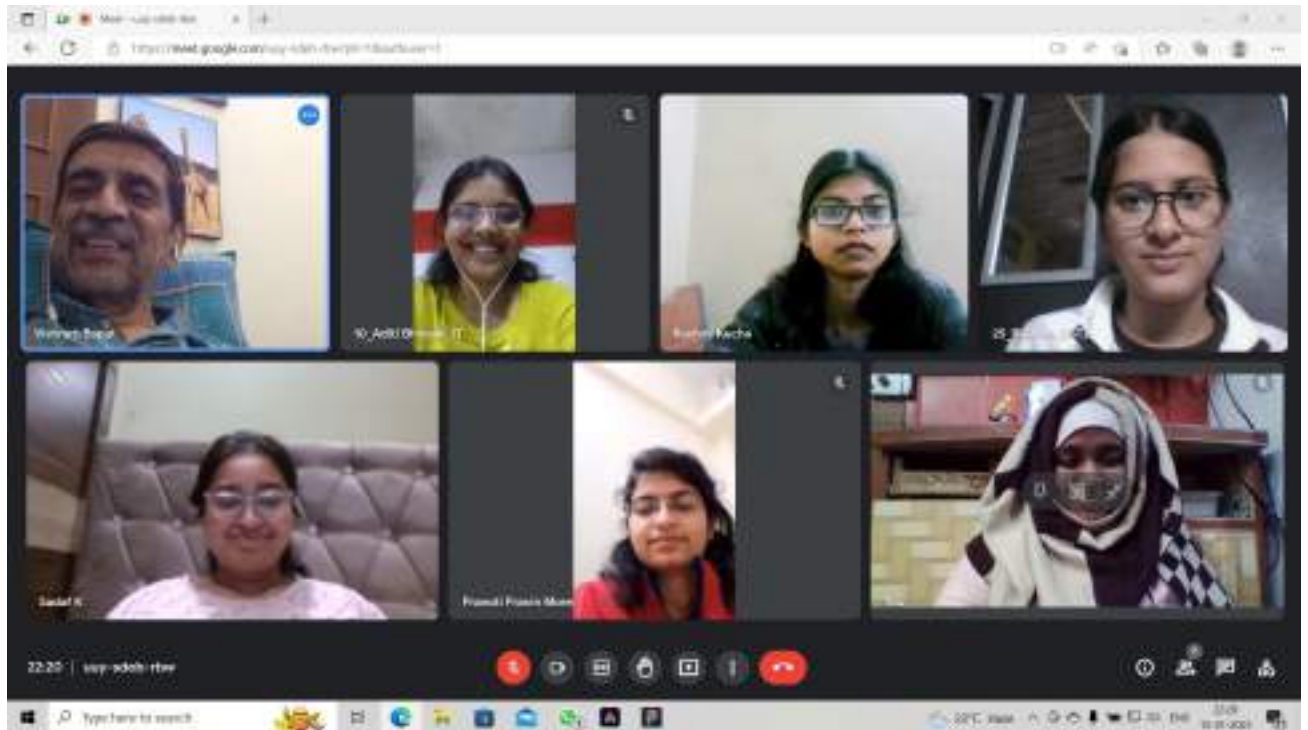


On completion of this activities or taking steps towards achieving our goals we are appreciated with prizes such as ice cream treat or lunch for the mentees through the mentor.



Group mentoring sessions:

Group mentoring session is another great platform to share your opinion where you won't be judged by your peers. Encouraging participants are real confidence builders. We had these sessions with students from our college as well as IIT-Bombay. Networking and interacting with different crowd was the key aspect of it.



Making us 'Industry-ready' :

Taking us to professional meet ups and involving us into real life project for letting us know every aspect of industry and corporate ethics, also making us believe that we can make great women entrepreneurs is again a valuable aspect.



Making us morally sensitive:

Apart from serious professional and personal meet-ups our mentor has introduced us to non-profit organizations where people are in real need and taught us how to console them, make them feel better and take efforts which can help them in every way possible.



Appraisal by mentees:

'The Mentoring session was filled with knowledge. It includes various topics, from science to general knowledge, to various discussions where we get to know various facts. It happens twice a week; one online session and an offline session. Our session sessions are usually held on the questions that we asked in previous sessions, hence all our resolutions to questions are met. The best part of the session is the fact that, how close we have become, Sir, to me, has become a father figure and a teacher who helps us , guides us , motivates us and also has fun, breaking sessions with us. Our each and every doubt was met with great efforts to give us the answer by Mr. Bapat sir. We also learned various professional etiquette with each mistake.' says Sadaf Khan

'Life changing decision to take guidance from such a great personality, having someone who is willing to help selflessly in every possible is a blessing. He don't judge or make you feel dumb instead he make efforts for teaching it to us. Never seen a man like him who in a true way inspires women.' says Mehwish Qureshi

Pleas for a continuation of the mentoring program and proposals



As we are moving forward on our journey to become a better person by taking into consideration our mentor's life experiences and skills, we are proud to say that the decision was a major stepping stone in our professional as well as our personal growth. We encourage more individuals to find herself a great mentor and under their guidance, practice various implementations.

Thank You

